Samantha Warren

I decided that I want to study counselling psych at La Trobe because I had a few friends come through the uni, and they had really good things to say about the campus and about the courses here and so I felt that the counselling psych program would be a fit for me.

I’ve chose counselling psychology because I felt that it fitted with my personal philosophy on what it is to work with clients. It’s very humanistic, there’s a very humanistic approach to it and I feel that it encourages a lot of self awareness and growth.

What I love about this course is that it has helped me grow professionally as well as personally. I’ve learned a lot about myself, I feel that I am a lot more self aware and it’s taught me a lot about how I relate to other people in a therapeutic way.

The course has changed me by encouraging a lot of self reflection. I feel that even my personal relationships have changed because of this course. I feel like I am a lot more centered and a lot more and a lot more grounded because of what I have learned in this course.

I hope to be doing the doctorate next year and beyond that I will probably take a few months to travel and I think after that I will probably return to community health work which I have been doing as a part of my placement and really have found me feet in that area.

Ah, community health work. It’s so special that you get to work with a broad range of clients and you meet so many different people, you get to work with a lot of specialists from different areas and I feel that it’s an area where you can really grow from.